



The elegantly named “Gekka Bijin” is a plant belonging to the Sapotaceae family, which is quite difficult to grow, and it is said that it is rare to see flowers that bloom for just one night from late night to early morning from July to September. At my house, I took some small leaves that I received from an acquaintance who lives nearby about 10 years ago, put them in pots as cuttings, and left them on the porch, and for several years now they have grown to the point where they bloom every year. Fortunately, I don't have to take too much care of her, which may be a good thing for my family. The first four flowers of this year will bloom in early July. This flower starts growing about 10 centimeters downwards each day for about 10 days. On the day of flowering, the buds will be about 10 centimeters long, and the flower stalk with the buds will lift up strongly and face the sky. The buds begin to open in the afternoon, and the flowers are in full bloom as darkness falls when the moon is in the middle of the sky. The large, beautiful white flowers, measuring more



than 10 centimeters in diameter and height, bloom all at once and emit a strong fragrance, making it a sight to behold. It often blooms on nights with a full moon, but from experience this doesn't always seem to be the case. I imagine this is because we move our bodies freely around the garden and change direction, which

confuses the plants' biological clocks and sensors that sense the moon's gravitational pull. I am.

By the next morning, the powerful and gorgeous blooming had completely changed, and the flowers had wilted and started drooping. The flower language of this flower, which blooms overnight and gives us a sense of the impermanence of things, such as feet, red faces and white bones, is “fleeting,” “fleeting love,” and “delicate.”

Gekka Bijin is used as a medicinal dish, steamed or eaten after flowering or dried, or served as an ingredient in soup, and is said to be good for coughs, asthma, fever relief, and constipation.

(End)